



## NEWSLETTER

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### *Upcoming Events*

**Wednesday, October 21**

*7:00 - 10:00 pm Sunrise  
Educational Society and Island  
Oak High School AGM*

**Sunday, October 25**

*7:00 - 9:00 pm Grade 2 Parent  
Evening*

### **The Halloween Pumpkin Path**



The Pumpkin Path will be held Oct 31 from 5:30-7:30pm. This is a magical evening for younger children and every family is asked to drop off two carved pumpkins to school on Oct 30th to support this event. Please bring your own mug

as apple cider and popcorn will be provided, and

## Tuesday, October 27

7:30 - 9:30 pm SSK Lantern  
Making Parent Evening

## Thursday, October 29

7:00 - 9:00 pm Grade 8 Parent  
Evening

## Saturday, October 31

5:30 - 7:30 pm Pumpkin Path

[View Calendar](#)

### No Classes and Early Dismissal Days

Nov 9 to 11 No Classes  
Nov 20 Early Dismissal  
1:30 pm  
Nov 27 No Classes  
Dec 21 to No Classes  
Jan 1

### REMINDER OF BICYCLE SAFETY



As our mornings and after school times are getting darker and children are riding their bikes to school, please remember a few safety suggestions:

- ~Wear bright clothing so people can see you
- ~Ride with a friend
- ~Use a back pack to carry your things

bring a bag or basket for your little one to collect their gifts in. This is meant as a wholesome, non-commercial alternative to trick or treating and as such, scary costumes are not suitable for the event. The whole family is invited to spend the entire evening if they wish, enjoying music around the fire. Children will walk with their parents along a pathway lit by carved pumpkins and they visit a number of stations where they meet whimsical characters and hear a simple verse. Know that the weather and amount of light varies from year to year, so prepare accordingly.

### Volunteers Needed for Pumpkin Path

Volunteers are needed to press fresh apple cider for the event - if you have time to help, please email Eric S. for this fun and family friendly experience! Also if you have apples to donate (for cider or for gifts), those would also be greatly appreciated by Class 2 as they organize this event. The actors for skits are already chosen and busy preparing their costumes and rehearsing their lines! We can't wait to share this magical evening with you. Please email the SWSPA if you can offer help with set up, clean up, to donate apples, and/or receive pumpkin remains at the end of the evening for your farm animals. Thank you!

### Another New Fundraiser!



We are proud to announce that Country Grocer has added us to their list of agencies they support in the community. Participating in this initiative is really easy! Just bring your receipts from Country Grocer to the office. For every \$1,000. worth of receipts we will receive \$50. Thank you to Country Grocer!

### Dr. Susan R Johnson Article #3

#### Teaching our Children to Write, Read and Spell

The Development of the Balance and Proprioceptive Systems:

There is a widely held belief that if we start teaching

- ~Wear your helmet at all times
- ~Keep both hands on handlebars, except when making a hand signal
- ~Keep both feet on the pedals
- ~Never carry more people than the bike was designed for
- ~Ride in a single file
- ~Watch for hazards
- ~Make sure your tires have enough air in them
- ~Put reflectors on the front and back of your bike
- ~Look both ways for traffic

## SOCIAL HEALTH BITE



We would like to introduce you to the Sunrise Waldorf School

Social Health Committee (SHC)

We are comprised of teachers, administration and parents who meet weekly to review and guide the Social Inclusion process.

The work of the SHC includes:

- nurturing a school environment of mutual respect, safety, and inclusion;
- integrating Social Inclusion practices into school life;
- developing tools, training and role plays for teachers, parents and students to increase

children to write, read, and spell in preschool and kindergarten, they will become better writers, readers, and spellers by the time they reach the first and second grades. This, however, is not what I have seen clinically. The truth is that children should be only taught to write, read, and spell when their neurological pathways for writing, reading, and spelling have fully formed. ... [read more](#) ...

## Winter Faire 2015



The magical Winter Faire is approaching! This is an undertaking supported by the SWSPA and put on by all parents. Each class will be responsible for

one special event and coordinators will be in touch shortly to share how each parent can contribute this year. The event will be held Saturday, November 21.

This is a great way to build community and good cheer within your classes and parent body. Enjoy the Winter Faire experience together!

## Practicing Responsible Communication at SWS

Waldorf education involves having made a personal choice. For teachers it reflects a way of working that is personally and professionally deeply meaningful and challenging. For parents it reflects values and expectations for their children's immediate and future lives and can also be personally, deeply meaningful and challenging.

Parents regularly review the educational choice they've made to have their children receive a Waldorf education ...[read more](#)...

## CLASSIFIEDS

Click on the image below to view the October Classifieds.

intervention and support skills

- monitoring individual student situations and overall social health and making recommendations to faculty.

Members of the committee include:

Rachel Cameron (Grade 7 teacher)

Samantha Mansfield (Grade 3 teacher)

Ruth Ker (SSK teacher)

Kevin McDuff (Head of School)

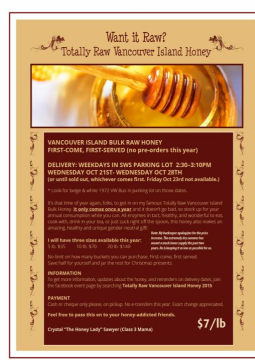
Chantey Dayal (Admissions Coordinator)

Alison Bowden - parent Class 2, & 4

Tina Hamill - parent Class 5

Janelle Hardy - parent Class 7

You are welcome to approach any of us if you are in need of support surrounding a social issue at our school.



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