



NEWSLETTER

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Education Evenings



Upcoming Events

Thursday, October 29

7:00 - 9:00 pm Grade 8 Parent Evening

Saturday, October 31

5:30 - 7:30 pm Pumpkin Path

Tuesday, November 3

7:30 - 9:00 pm BAK Parent Evening

Pumpkin Path This Saturday!!



All SWS families and their friends are invited to take a walk through the Pumpkin Path this Saturday October 31 from 5:30 - 7:30 pm. No scary or media-inspired costumes please. Do bring a mug if you wish to enjoy some hot apple cider as we are aiming for a 'low waste' path and will not be providing any cups. Donations of apples would still be appreciated to support this event, please [email](#) or call Diana S. at 250-746-4624 to arrange. Many thanks to musicians Jai Mills and

7:30 - 9:00 pm Grade 7 Parent Evening

Wednesday, November 4

7:00 - 9:00 pm SWS Parent Association Meeting

Friday, November 6

7:30 pm Grade 1 Parent Evening
End of Term One

Monday, November 9

School Closed

Tuesday, November 10

School Closed

Wednesday, November 11

School Closed

[View Calendar](#)

No Classes and Early Dismissal Days

Nov 9 to 11	No Classes
Nov 20	Early Dismissal 1:30 pm
Nov 27	No Classes
Dec 21 to Jan 1	No Classes

End of Term Report Cards

The end of term is November 6.
Report cards will be issued
November 20.

Francis Dove who will be playing instruments around the fire. We are excited to share our enthusiasm for this event! A donation of \$5.00 per family is suggested.

Photo Re-take Day

Monday, Nov. 16, 2015

Did your child miss picture day the first time around? Would you like to have a retake of your child's photo? Please note the following:

Photo Retake: Please return your child's original photo package, intact and complete, to the office by 8:30 am Friday morning, Nov. 13th. **This is necessary for a retake.** These photos will be returned to the photographer on photo day.

Missed Pictures: Come to the office to pick up an order form. Order forms must be completed and returned to the office with payment by 8:30 am Friday morning, November 13th. Order forms are necessary for your child's photo to be taken.

From the SWSPA

With a warm invitation to our fellow community members from the SWSPA, please consider taking on an executive role with the SWS Parent Association. We are a non-profit and are fundamental to school events such as the Pumpkin Path and Winter Faire. We are currently operating with 3 executive members and require a few more. Please talk to Marina C, Nigel K, or Diana S or [email the SWSPA](#) if you can join in the commitment and fun that goes with the parent association. Thank you!

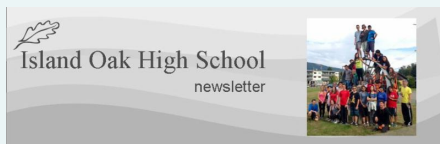
Dr. Susan R. Johnson Article

"INFORM"

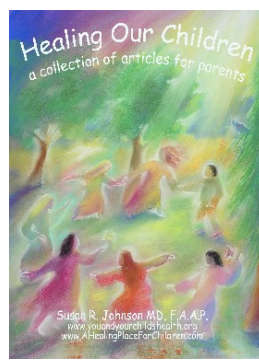
Click on the image below to view the November issue of The Association of Waldorf Schools of North America's (AWSNA) monthly newsletter.



Island Oak High School Parent Education Series



These free evening information sessions will be held every second Sunday of each month, 6:30 to 8:00 pm at Island Oak High School., 5814 Banks Rd. You are welcome to attend.
Nov. 8 How the Practical Arts Create Thinkers



The Leaky Gut Syndrome *Allergies, Asthma, Auto Immune Diseases, and Autism Spectrum Disorders*

Susan R. Johnson MD, FAAP
2/28/09 (rev 12/11/12)

I have learned a great deal from the Naturopathic and Osteopathic students who have visited my clinic. They have taught me most of what I know about the Leaky Gut Syndrome. In this syndrome, the lining of the colon and small intestine becomes inflamed and allows partially digested proteins to be absorbed into the body. The immune system reacts to these foreign proteins triggering allergy symptoms, autoimmune diseases, speech delays, and behavioral abnormalities. There are several good books on [...read more...](#)

CLASSIFIEDS

Click on the image below to view the November Classifieds



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