

NEWSLETTER

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Class 6 Geology Lesson

Upcoming Events

Thursday, September 24
Grade 7 Surfing Field Trip

Friday, September 25
Grade 7 Surfing Field Trip
8:30 am - 1:15 pm Grade 4
Field Trip

Sunday, September 27
7:00 - 9:00 pm Grade 2 Parent

Michaelmas



We must learn to keep the Michael Festival by making it a festival for the conquest of anxiety and fear, a festival of inner

strength and initiative, a festival for the

Evening

Monday, September 28

*7:00 - 8:30 pm Grade 3 Parent
Evening*

Tuesday, September 29

2:00 pm Michaelmas Festival

Wednesday September 30

*7:30 - 9:30 pm SSK Parent
Evening "You're Not the Boss
of Me"*

Friday, October 2

*8:30 - 1:00 pm SSK Harvest
Field Trip
8:30 am - 1:00 pm Grade 4 & 6
Hike
7:30 pm Grade 1 Parent
Evening*

[View Calendar](#)

No Classes and Early Dismissal Days

*Oct 9 Early Dismissal
 1:30 pm*

Oct 12 No Classes

Nov 9 to 11 No Classes

*Nov 20 Early Dismissal
 1:30 pm*

Nov 27 No Classes

*Dec 21 to No Classes
Jan 1*

Newsletters on the Website

You can now access current and previous versions of the 2015/16 school year SWS

commemoration of selfless self-consciousness."

- Rudolf Steiner

Parents new to Sunrise Waldorf School, and perhaps not so new, may find themselves somewhat puzzled by the many songs and tales of dragons being slain and by the talk of St. Michael (pronounced "Mye kye el") that their children have been bringing home during the first weeks of school. The first festival of many ...[read more...](#)

SWS Media Guidelines

Intentional community

The community which surrounds Sunrise Waldorf School (SWS) is a fundamental aspect of school life. Families have made a conscious decision to send their children here and to be a part of this community, because they are in line with the school's vision and educational philosophy. They find the values and practices of school support their children's development. New parents become a part of this community, the success of which depends upon the degree to which each individual's actions resonate with, and confirm these goals...[read more...](#)

Report on Dr. Susan R. Johnson's Visit

Last week, Susan R. Johnson, Behavioral and Developmental Pediatrician and certified Waldorf teacher, visited Sunrise Waldorf School. Dr. Johnson visited Grades 1 through 4 during class time, meeting with the full faculty in the afternoons and presenting parent and faculty lectures Tuesday evening and all day Friday and Saturday.

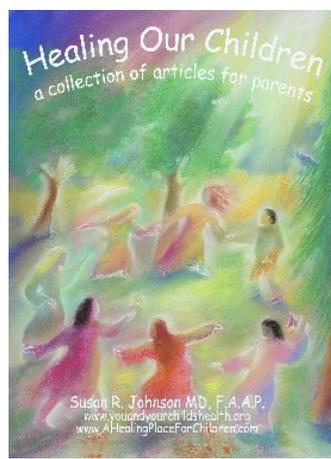
In her lecture to parents and faculty on Tuesday evening, Dr. Johnson explained that her professional interests grew out of her early experiences ..[read more...](#)

The Importance of Sleep

newsletters from the website by going into "News and Events" and clicking on SWS Newsletters.

Classifieds

To view October classifieds click on the image below. The deadline for November classifieds is October 15th



Dr. Susan R. Johnson MD, FAAP, Article written 2/3/2000

I still struggle getting my almost 7 year old son asleep by 8:00. It seems there is a magic window. If we eat by 5:00 and I start slowing down his activities by 6:00 then there is a good chance that

he will fall to sleep soon after reading stories at 7:30. If I don't have dinner ready until 6:00 or 7:00 and slow down doesn't begin until 8:00 or 8:30 then my son seems to get a second wind that keeps him awake and active til 10:00 or 10:30 at night. The next day is difficult for him. It is hard for him to get up, eat breakfast, and get to school on time. He is tired and more irritable the entire day. What is happening?

...[read more...](#)

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