



## NEWSLETTER

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*Grade 8 Animal Painting by Meenah Aldridge  
To be on Exhibit at The Robert Bateman Centre  
April 15th - 24th*

### *Upcoming Events*

#### **Saturday April 9**

ECE Open House  
10:00 am - 12:00 pm  
RSVP: [admissions@sunrisewaldorfschool.org](mailto:admissions@sunrisewaldorfschool.org)  
Grade 8 Return from Field Trip

#### **Tuesday April 12**

Grade 4 Field Trip

### *News items*

#### **Welcome back**



There are only 45 school days left in the year, and what a year it has been already. I am looking forward to sharing all that is yet to come with Mayfair, Class plays, the

9:45 am - 2:30 pm

### Wednesday April 13

Grade 8 Play  
11:00 am - 12:30 pm and 7:30 - 9:00 pm

### Thursday April 14

Grade 8 Play  
7:30 - 9:00 pm

### Friday April 15

Class 5 Field Trip  
1:00 - 3:00 pm

Grade 7 & 8  
Robert Bateman Exhibit Opening  
1:00 - 6:30 pm

### Wednesday April 20

Grade 5 Parent Evening  
7:00 - 9:00 pm

Board Meeting (Island Oak)  
7:00 - 9:00 pm

[View Calendar](#)

## From the Office

### Re-registration

Parents please keep your eye out for the re-registration questionnaires and registration information in your cubbie some time next week. Re-registration will be taking place over the next few weeks.

### Dress Code

It has been common practice at our school to allow children to wear shorts only after Mayfair. In view of the fact that the weather has warmed up considerably sooner than expected, children will be allowed to change into shorts if required. They should still however, come dressed in trousers/leggings as the mornings are still cool. Long sleeves and sun hats are needed to prevent sunburn. No short shorts please. Please refer to the dress code for appropriate clothing length.

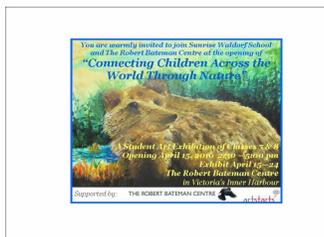
### Lost iPhone 6

There has been an iPhone 6

Robert Bateman Exhibit, the Spring Recital, not to mention graduation. Welcome back families and enjoy the rest of the year.

- Mr. McDuff

### The Robert Bateman Exhibit



Class 7 & 8 have been working towards this exhibit for the last 12 weeks. Please support them by coming out to see the show. [Click here](#) to get all of the

details. *Poster image by Jamie Frith (Class 7)*

### The Handwork Circle is Back!



We are so pleased to announce that the Handwork Circle is starting up again. Thank you Christiane Mothes for rekindling the spark of

this amazing community builder and parent education portion of our school. ALL are welcome, beginners and new parents alike. The first project will be Felted Wool Crowns and you can see a photo of some samples here. They are also on display in the reception window at the front entrance.

Handwork Circle will be held in the Portable on **Fridays from 8:45 - 10:45 am**

**Starting Friday May 6th**

Bring your coffee and join us.

### AWSNA April Newsletter



This month's highlights include:

- Waldorf Teachers and Students in the news
- Workshops: The importance of bees
- Documentary: Screenagers

[Click here](#) to read more

### Grade School Open House



You are invited to the Grade School (fly on the wall) tour on Tuesday April 12th from 8:40 - 10:30 am. This is a chance to observe classes in session during Main Lesson. Parents, and prospective families are welcome to join, however space is limited so

reported missing on campus. If you have found said item, please return it to the office immediately. The phone is white with a silvery coloured back.

## No Scents Please

A reminder to all parents, teachers, students, and staff. There are many members of our community that have severe reactions to scented products, essential oils and perfumes. Please avoid the use of any such products when coming to school.



## The Old Farm Market

has included SWS in their list of community agencies they support. They will provide us with 7% of the purchases we make at the Old Farm Market. Here is how it works: "Purchase Cards" are bought in advance and used like cash. Come to the office at any time to purchase gift cards in increments of \$25. We have cards ready for purchase in the office now.

## CLASSIFIEDS

**Spirit Gate Farm**  
Insight Horsemanship & Body Awareness Riding



The foundation of good horsemanship begins with developing a trusting and safe relationship with horses on the ground by understanding the feelings of the horse.

The principles of insight horsemanship use affirm, respect and lead practices, supporting youth to develop empathy, patience and good communication, both verbally and through body language.

This translates into great life and leadership skills. Youth will learn the horse's natural needs, characteristics and how they learn, build their own confidence building with groundwork, theory, games and work towards horsemanship.

Beginner's welcome - all ages.

**Spirit Gate Farm - Youth Empowerment Program**

- 2541 Herd rd, Duncan, BC
- [www.spiritgate.ca](http://www.spiritgate.ca)
- [info@spiritgate.ca](mailto:info@spiritgate.ca)
- 250 737 1484
- Individual and small group lessons
- Currently coaching several youth from Waldorf school
- **only a few spots left for winter lessons!**

please

RSVP [admissions@sunrisewaldorfschool.org](mailto:admissions@sunrisewaldorfschool.org)  
Tuesday April 12th Class 2, 5, 6, & 8

## The Parent Association



Parents breathe life into our school with their spirit and enthusiasm. We hope you will join the Parent Association not only to learn, but to be given opportunities to share your unique skills, knowledge, and expertise with the school community.

Your membership means that you can receive email updates from the Parent Association Executive, including meeting agendas, minutes, and times when we rely on volunteers like you to help make beautiful things unfold for our children. By getting involved you are expanding our manpower, and furthering our work towards excellence in our shared values and hopes. [Click here](#) to download and print a membership form. Please place filled forms into the PA cubbie.

## Island Oak High School Home Stay Families Needed and the Play

Island Oak High School is putting out a request for families who might be interested in hosting high school students from abroad. If you would like more information or would like to host a student please contact Andrea at [mail@islandoak.org](mailto:mail@islandoak.org).

## Social Health



We encourage parents and families to come out and see all of the Class plays that will be presented this Spring. Class plays are one of the ways that Waldorf Schools enrich and enliven the social dynamics within the classroom. Students must work hard together towards a collaborative creation. Plays bring the whole school community together, and can serve to strengthen the class community for the child. The next play being presented is by the Grade 8 Class. See the upcoming events listed above for details.

