



## NEWSLETTER

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***September 2016 at Sunrise Waldorf School***

### ***Upcoming Events***

#### ***Wednesday September 7***

***BAK Parent Evening***  
***7:30 pm***

#### ***Thursday September 8***

***Class 1 Parent Evening***  
***7:00 pm***

#### ***Friday September 9th***

***Flower Ceremony***  
***12:00 pm***  
***In the Main Hall***

***Strings Rental Instrument***  
***3:00 - 4:30 pm***  
***Eurythmy Hall***

#### ***Saturday Sept. 10***

***New Parent Orientation***

### ***News items***

#### ***Welcome Back SWS Parents and Students***



It has been a busy summer for our family as we traveled both East and West to tour universities and colleges for our son Ender. Ender was the reason we moved to Duncan and became members of this community 11 years ago. I feel excited for him as he embarks on his young adulthood and, of course, I cannot help but to reflect on how important Waldorf Education has been in shaping him for his future. He is a well rounded student with keen interests in sports, academics and the arts alike and I can't wait to watch this final high school year unfold for him.

During our time in the Valley, I have seen Sunrise Waldorf School go through many incarnations and phases. This year feels exciting with so many new families joining our community. Please join me

10:30 am - 1:30 pm  
RSVP to  
admissions@sunrisewaldorfschool.org

### Thursday September 15

Terry Fox Run  
Classes 3 - 8  
10:40 am - 1:00 pm

### Saturday September 17

One World Festival - Intercultural Society  
11:00 am - 5:00 pm  
@ the field next to the VIU Campus  
Please come out and see us at our activity table.

### Thursday September 22

8:30 am - Location TBA  
Parent Association - Winter Fair Brainstorming Meeting  
All are welcome

Class 7 Field Trip  
Returning on September 23

Class 5 Parent Meeting  
6:00 pm

### Friday September 30

Michémas Pageant  
Details TBA

[View Calendar](#)

## From the Office

### New Parent Orientation Saturday September 10 10:30 am - 1:30 pm



A warm welcome to all of the new families and faculty that are joining our community this year. The new

parent orientation is an important event to attend and is for parents only. Ms. Chantey will walk you through all of the vital pieces of information that you will need to know about to acquaint yourself with the school and the amazing community that surrounds us. All new parents and those who have been with us for a short time are encouraged to attend. If you are a long standing parent, we'd love to have you too. Your experience and words of wisdom can be so helpful to those just orienting themselves to our school and also to

in joining them, and, for those of you that are new, please make sure to attend the New Parent Orientation this Saturday, September 10th. I am so looking forward to getting to know all of you and also want to let you know that meeting you face to face is the best way for me to understand and lead our school in an informed way. Please do not hesitate to make an appointment to see me about anything at all. I love to receive feedback about what is working and what is not at SWS and even just a chance to check in and hear about what is happening for your family and your children.

- Mr. McDuff

### Strings Instrument Rental



Parents please be advised that Larsen Music will be here on **THIS FRIDAY September 9th from 3:00 pm - 4:30 pm for Instrument Rentals**. Students from Grades 4 - 8 who do not own an instrument will need to rent one for strings class. Payments can be made monthly or in full for the school year. Credit Cards and cheques

are accepted. If you have any questions please contact Mrs. More at [strings@sunrisewaldorfschool.org](mailto:strings@sunrisewaldorfschool.org)

### The Parent Association



[Click here](#) to read a full update from Diana Sharpe - Chair of the Parent Association. We are looking for Executive members and will have a Winter Fair Brainstorming Meeting on Thursday September 22 at 8:30 am. All are welcome.

### The Terry Fox Run Classes 3 - 8



**Date:** Thurs Sept 15

**Time:** 10:40 am - 1:00 pm

**Location:** Bright Angel Park, 4528 Tigwell Rd

Students in Classes 3 - 8 will be bused to Bright Angel Park to participate in the Terry Fox run at 10:40 am and then brought back to the school at 1:00 pm for lunch.

The Terry Fox run is a non-competitive event where people get together as individuals, families, and groups to raise money for cancer research in Terry's name. Terry Fox Runs take place in over 9,000 communities across Canada every year and are accessible to anyone with no entry fee, no minimum pledge and a non-competitive atmosphere. Participants can run or walk, and most of all have fun. Sunrise Waldorf School is pleased to be engaging in and supporting this Canadian and community event.

We welcome parents to:

- 1) Join the run
- 2) Help supervise children who are unable to run.
- 3) Help count laps
- 4) Help with hydration station and first aid needs

Please notify your class teacher, or Georgia Newsome: [gacnew@shaw.ca](mailto:gacnew@shaw.ca) if you would like to volunteer. All children will return to school by bus after the event. **If you are planning to take your child home directly from Bright Angel Park, you**

the Valley. This is also a great way to meet new families and to build the heart of our community. Alderlea Farm pizzas will be served so please RSVP to:  
admissions@sunrisewaldorfschool.org  
Please include in your RSVP if you have a need for Gluten Free or Vegetarian options.

Thank you, I am so looking forward to meeting you all and orienting you to our beautiful school. - Ms. Chantey

### After School Backyard Access

Parents please refrain from using the Kindergarten play yard as a short cut after school for picking up your children. The play yard is reserved for After School Care children and teachers only. This is a licensed program, therefore no other adults or children are permitted to be there from 1:30 pm - 5:30 pm.

### Grade School Thursday Dismissal



Parents please remember that dismissal time on Thursdays is at 2:15 pm in order to accommodate our weekly faculty meetings.

### Parent Volunteers & Drivers



Parent volunteers and drivers are an integral part of our curriculum and the many field trips that make our programs so unique. Volunteers and drivers are needed all through the year and in every class. If you would like to participate as a volunteer, please note that we have strict BC Ministry of Education requirements that must be followed. Your understanding and cooperation are greatly appreciated. Please submit the following to the office prior to volunteering:

- Copy of your current Drivers Licence
- Copy of your current vehicle insurance (with a minimum

**must notify the office no later than Wednesday September 14th.**

### Donations:

Those wishing to donate are asked to do so via the Terry Fox online site, where they can find a donations page for Sunrise Waldorf School.

<http://www.terryfox.org/>

Or make a cheque out to the Terry Fox Foundation and hand it in to the school office.

### One World Festival - Saturday September 17



Sunrise Waldorf School is excited to be hosting a children's activity table at the One World Festival, put on by the Cowichan Intercultural Society on Saturday September 17th from 1:00 pm - 5:00 pm. Come on out and see us, bring your friends and family and

enjoy this amazing day of culture and exchange. You'll find us on the field next to the VIU campus in Duncan. You can also join the **One World Festival Community Choir** led by our very own Cari Burdett. The more voices the better! For more information on the choir please contact Cari at [joythroughmusic@shaw.ca](mailto:joythroughmusic@shaw.ca)

### Pre-School and Kindie/Grade School Aftercare



Parents please note that we have space in all of our After School Care programs. Drop-ins are also welcome in both programs whenever space is available. Please see or call the office if you are in need of a last

minute space. Priority is given to children who are pre-registered.

### Kindie/Grade School Aftercare (Kindergarten - Age 12)

Monday - Friday

1:30 - 5:30 pm

\$8.50/hour when pre-registered

\$10.50/hour drop in

### Pre-School Aftercare

Monday - Friday

12:00 - 3:00 pm

\$26.25/day

### AWSNA Newsletter



The Association of Waldorf Schools  
of North America

[Click here](#) to read September's Inform - AWSNA's community newsletter. Highlights in this issue include:

- Grant from the Waldorf Educational Foundation enables free one-year memberships to The Rudolf Steiner Library
- ANA replaces DANA
- Waldorf alumni medal in the Rio Olympics

### Sunrise will now be a peanut free school

\$2,000,000 liability)

- Copy of your Driver's Abstract
- Copy of your Criminal Record Check

[Click here](#) to see the full instructions on getting your criminal record check. To obtain a Driver Abstract please call 1.800.663.3051 and ask them to fax in the record to 250.743.7245.

Getting this paper work done ahead of time would be very helpful to the teachers and the office staff.

Thank you

## Home Stay Opportunity



We have received an application from a Grade 7 student (male) from China who is looking for a Home

Stay family. His name is Boran and he has been attending a Waldorf School in China. We would love to find him a place to live where he will be loved and cared for during his time at Sunrise Waldorf School. If you are interested in knowing more about this opportunity please contact Chantey in the admissions office at [admission@sunrisewaldorfschool.org](mailto:admission@sunrisewaldorfschool.org) or call the office at 250.743.7253.

## Classifieds



**Tutoring**  
Waldorf Education  
Tutoring all subjects  
Teacher mentoring and training  
Spatial Dynamics / Ballroom Gymnastics

**Art**  
Drawing, printmaking  
Painting watercolor & acrylic  
Blackboard drawing, clay modeling

**ESL Tutoring**  
Conversational English,  
individual and group tutoring  
Canadian Culture / IELTS preparation  
International Workshops  
B.I.D. Specializing in ESL  
All ages welcome

Contacting Bev:  
E-mail: [bev@studio533.ca](mailto:bev@studio533.ca)  
Website: [www.studio533.ca](http://www.studio533.ca)  
Telephone [1] 250 810 9713  
250 748 9984



This is a very important school wide announcement. We have a new student joining our school with a life threatening allergy to peanut and egg. We will now be a peanut free school so please be mindful of

what is being packed into your child's lunches. This includes any and all products containing peanuts, peanut oils, and foods processed in a facility with peanuts. Other tree nuts and seeds are permitted but mixed nuts which are coated in peanut oils are not. Please be aware of the details on the packaging of foods being purchased. Teachers, parents and students eating egg for lunch must make sure to wash their hands thoroughly after eating. Practicing good hand washing in all classes before and after eating will help to ensure that all the children in the school are kept safe. Thank you.

**Students in Class 4 are also asked to refrain from bringing egg in their lunches.**

## No Scents Please



SWS is also a scent free facility. Please be aware that we have students and faculty members who have very severe reactions to perfumes, scented house hold and beauty products, essential oils and incense. Please

use scent free detergents, deodorants and soaps at home and refrain from wearing scents on your body when coming to campus.

## A Glenora Farm Community Event - Not to be Missed

A rare chance to see an amazing performance on **Saturday September 24th @ Glenora Farm**  
**Please contact Glenora Farm for more information**  
[www.glenorafarm.org](http://www.glenorafarm.org)

**A Solo Performance of**  
**"The Open Secret of the Foundling Prince"**  
**The All-Embracing Truth of the Fairy Tale.**  
**Glen Williamson tells of the eternal struggle between good and evil and of Hauser's Mission.**

To read more about this performance go to the following link:  
<http://anthropostheater.com/kaspar-hauser.html>

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